

os	rsal	Nombre	Tiempo													
Feminino 12 (3)				1,9 km 60 m					8 C							
				1(52)	2(56)	3(58)	4(55)	5(54)	6(57)	7(53)	8(100)	Meta				
1	129	Fernandez Lopez, L Culleredo GALLAEC	16:24	2:10	3:03	4:51	6:38	11:10	12:59	14:29	15:56	16:24				
				2:10	0:53	1:48	1:47	4:32	1:49	1:30	1:27	0:28				
2	13	Aller Pfirter, Martina O Barco de Valde T	35:41	4:20	6:30	10:26	13:40	22:10	27:54	32:07	35:11	35:41				
				4:20	2:10	3:56	3:14	8:30	5:44	4:13	3:04	0:30				
3	137	Fernandez Santos, Porto do Son ADC_	39:44	5:36	8:45	11:24	15:02	26:10	31:57	36:11	39:09	39:44				
				5:36	3:09	2:39	3:38	11:08	5:47	4:14	2:58	0:35				
Feminino 14 (4)				2,2 km 80 m					9 C							
				1(47)	2(58)	3(55)	4(44)	5(57)	6(53)	7(46)	8(45)	9(100)	Meta			
1	385	Somoza Seoane, Ca Culleredo GALLAEC	23:48	2:45	5:31	7:08	11:47	14:33	16:52	21:10	22:41	23:19	23:48			
				2:45	2:46	1:37	4:39	2:46	2:19	4:18	1:31	0:38	0:29			
2	204	Lamela Belver, Estr LUGO COMPÁS	25:29	2:49	6:02	7:30	13:19	14:54	17:17	22:21	24:01	25:00	25:29	12:05		
				2:49	3:13	1:28	5:49	1:35	2:23	5:04	1:40	0:59	0:29	*54		
3	7	Albarran Oroza, Da Culleredo GALLAEC	26:59	2:55	8:12	9:52	17:16	18:52	20:49	24:28	25:40	26:29	26:59			
				2:55	5:17	1:40	7:24	1:36	1:57	3:39	1:12	0:49	0:30			
4	109	Diaz Pardo, Marta LUGO COMPÁS	32:07	2:23	5:40	7:02	16:52	19:01	20:43	29:07	30:36	31:34	32:07	3:25	26:27	
				2:23	3:17	1:22	9:50	2:09	1:42	8:24	1:29	0:58	0:33	*56	*33	
Feminino 16 (3)				2,7 km 110 m					10 C							
				1(56)	2(41)	3(58)	4(46)	5(35)	6(48)	7(51)	8(44)	9(53)	10(100)	Meta		
1	525	Pérez Álvarez, Julia Vigo U-VIGO	47:56	3:08	3:47	5:51	8:32	23:02	27:36	42:15	43:32	45:44	47:14	47:56		
				3:08	0:39	2:04	2:41	14:30	4:34	14:39	1:17	2:12	1:30	0:42		
2	220	López López, Silvia Culleredo GALLAEC	1:07:07	4:02	6:45	10:23	13:57	44:19	52:52	56:43	59:57	1:04:37	1:06:27	1:07:07		
				4:02	2:43	3:38	3:34	30:22	8:33	3:51	3:14	4:40	1:50	0:40		
	289	Pardo Vazquez, No LUGO COMPÁS	No sale													
Feminino 18 (4)				3,3 km 130 m					11 C							
				1(47)	2(49)	3(58)	4(46)	5(53)	6(50)	7(39)	8(48)	9(51)	10(44)	11(100)	Meta	
1	82	Casado Nuñez, Eva Betanzos OP BETAN	32:39	2:18	3:28	6:36	9:15	13:18	17:15	21:34	24:41	27:05	29:04	32:03	32:39	
				2:18	1:10	3:08	2:39	4:03	3:57	4:19	3:07	2:24	1:59	2:59	0:36	
2	647	Traveso Pedrares, Ir A Coruña ARTABRO	56:11	4:10	6:56	9:55	12:33	17:34	26:02	43:58	48:14	50:36	52:59	55:33	56:11	
				4:10	2:46	2:59	2:38	5:01	8:28	17:56	4:16	2:22	2:23	2:34	0:38	
3	579	García Lopez, Carlo A Coruña ARTABRO	1:12:36	7:23	9:37	14:02	18:04	27:56	32:41	48:55	1:03:03	1:06:27	1:08:00	1:11:51	1:12:36	
				7:23	2:14	4:25	4:02	9:52	4:45	16:14	14:08	3:24	1:33	3:51	0:45	
4	513	Iglesias López, Sara Cuntis XESTEIRAS	1:15:42	7:07	10:48	15:59	20:22	27:49	39:38	50:09	56:19	1:01:06	1:03:16	1:14:27	1:15:42	
				7:07	3:41	5:11	4:23	7:27	11:49	10:31	6:10	4:47	2:10	11:11	1:15	
Feminino 21 A (6)				4,1 km 170 m					12 C							
				1(49)	2(58)	3(46)	4(35)	5(39)	6(37)	7(38)	8(39)	9(36)	10(40)	11(34)	12(100)	Meta
1	46	Barreira Vazquez, M Culleredo GALLAEC	1:11:08	7:40	10:41	13:36	18:14	27:50	36:46	45:08	52:14	56:41	1:02:45	1:08:40	1:10:39	1:11:08
				7:40	3:01	2:55	4:38	9:36	8:56	8:22	7:06	4:27	6:04	5:55	1:59	0:29
2	458	Penela Fernández, LUGO FLUVIAL_LU	1:22:25	5:53	10:11	13:58	24:24	42:22	48:57	54:31	1:00:38	1:06:49	1:10:32	1:18:30	1:21:40	1:22:25
				5:53	4:18	3:47	10:26	17:58	6:35	5:34	6:07	6:11	3:43	7:58	3:10	0:45
3	603	Loureiro Garrido, A Culleredo GALLAEC	1:42:46	5:03	10:01	14:08	26:27	38:04	52:24	1:14:34	1:20:05	1:26:32	1:33:21	1:39:17	1:42:09	1:42:46
				5:03	4:58	4:07	12:19	11:36	14:19	22:10	5:30	6:26	6:49	5:55	2:52	0:37
	285	Oujo Perez, Nerea Porto do Son ADC_	en tarj.	8:31	13:16	16:44	23:06	42:15	----	----	----	1:02:00	1:06:05	----	----	1:18:11
				8:31	4:45	3:28	6:22	19:09								12:06
	651	Calviño Sampedro, Santiago de Comp	No sale													
	363	Sánchez Ocaña, Dia Pontevedra AROMO	No sale													
Feminino 21 B (8)				2,7 km 110 m					10 C							
				1(56)	2(41)	3(58)	4(46)	5(35)	6(48)	7(51)	8(44)	9(53)	10(100)	Meta		
1	212	Lopez Dacosta, Cri Culleredo GALLAEC	27:09	3:59	4:32	7:52	10:10	14:21	19:18	21:42	23:01	25:07	26:32	27:09		
				3:59	0:33	3:20	2:18	4:11	4:57	2:24	1:19	2:06	1:25	0:37		
2	324	Ramos Morado, Gor Culleredo GALLAEC	39:02	5:19	6:10	9:29	12:30	19:01	26:42	31:13	33:50	36:07	38:26	39:02		
				5:19	0:51	3:19	3:01	6:31	7:41	4:31	2:37	2:17	2:19	0:36		
3	328	Rayón Fernández, P Culleredo GALLAEC	40:14	4:12	5:28	12:52	16:05	23:40	31:27	34:38	36:14	38:30	39:47	40:14		
				4:12	1:16	7:24	3:13	7:34	7:47	3:11	1:35	2:16	1:16	0:27		
4	472	Sande Castro, Laur Ferrol MONTAÑA_FE	40:18	4:21	5:23	9:21	15:19	20:58	28:06	32:05	34:04	37:17	39:22	40:18		
				4:21	1:02	3:58	5:58	5:39	7:08	3:59	1:59	3:13	2:05	0:56		
5	280	Otero Fernandez, B Culleredo GALLAEC	48:33	3:08	4:35	6:51	10:47	21:06	39:01	42:18	44:09	46:30	48:02	48:33		
				3:08	1:27	2:16	3:56	10:19	17:55	3:17	1:51	2:21	1:32	0:31		
6	405	Valiño Calviño, Inés Culleredo GALLAEC	52:07	4:05	5:14	8:30	12:07	17:44	26:55	34:54	37:29	49:28	51:26	52:07	5:47	
				4:05	1:09	3:16	3:37	5:37	9:11	7:59	2:35	11:59	1:58	0:41	*56	
7	315	Pico Martínez, Iria Culleredo GALLAEC	55:43	5:57	8:03	18:32	22:35	39:04	46:05	49:09	51:26	53:33	55:01	55:43		
				5:57	2:06	10:29	4:03	16:29	7:01	3:04	2:17	2:07	1:28	0:42		
	540	Toimil, Begoña A Coruña COCO	No sale													

os	rsal	Nombre	Tiempo	5,1 km 210 m		15 C											
				1(43) 15(100)	2(32) Meta	3(46)	4(34)	5(33)	6(35)	7(34)	8(37)	9(38)	10(59)	11(36)	12(44)	13(51)	14(34)
Feminino 35 (9)																	
1	80	Carro Mahía, Alejan Porto do Son ADC_	1:05:22	4:32 1:04:50	12:07 1:05:22	17:36 5:29	21:24 3:48	25:31 4:07	27:24 1:53	30:08 2:44	36:11 6:03	43:26 7:15	49:37 6:11	51:55 2:18	58:21 6:26	59:53 1:32	1:02:38 2:45
2	305	Pérez Alonso, Alicia Pontevedra AROMO	1:05:54	4:19 1:05:25	14:05 1:05:54	19:32 5:27	22:37 3:05	26:46 4:09	29:05 2:19	31:44 2:39	37:20 5:36	40:25 3:05	51:52 11:27	54:03 2:11	59:35 5:32	1:01:11 1:36	1:03:28 2:17
3	459	Pérez González, M. LUGO FLUVIAL_LU	1:14:19	6:35 1:13:39	17:04 1:14:19	22:49 5:45	27:54 5:05	32:11 4:17	34:45 2:34	37:39 2:54	45:18 7:39	50:06 4:48	57:39 7:33	1:00:28 2:49	1:06:48 6:20	1:08:22 1:34	1:11:08 2:46
4	481	Del Puerto Lopez, Ordes SEO	1:14:26	6:26 1:13:46	15:10 1:14:26	21:24 6:14	25:31 4:07	28:35 3:04	30:23 1:48	33:32 3:09	42:04 8:32	48:02 5:58	54:58 6:56	58:41 3:43	1:06:54 8:13	1:08:31 1:37	1:11:25 2:54
5	268	Naya Mancebo, Paul Culleredo GALLAEC	1:19:34	10:02 1:19:00	19:25 1:19:34	25:16 5:51	29:25 4:09	39:10 9:45	41:14 2:04	44:35 3:21	51:19 6:44	54:42 3:23	1:03:17 8:35	1:06:00 2:43	1:12:36 6:36	1:14:21 1:45	1:16:56 2:35
6	433	Corral Prado, Eva LUGO FLUVIAL_LU	1:25:27	5:10 1:24:48	25:09 1:25:27	31:24 6:15	35:51 4:27	40:25 4:34	42:29 2:04	45:32 3:03	53:24 7:52	58:04 4:40	1:06:05 8:01	1:09:10 3:05	1:16:39 7:29	1:18:27 1:48	1:21:52 3:25
7	518	Pastoriza Santos, Is Vigo U-VIGO	1:31:04	16:03 1:30:28	24:44 1:31:04	30:31 5:47	33:55 3:24	36:25 2:30	38:11 1:46	41:38 3:27	59:57 18:19	1:03:12 3:15	1:11:47 8:35	1:16:55 5:08	1:23:34 6:39	1:25:32 1:58	1:28:14 2:42
8	250	Míguez Sampedro, Porto do Son ADC_	1:50:04	14:45 1:49:29	26:04 1:50:04	33:58 7:54	48:32 14:33	51:15 2:43	54:27 3:12	57:27 2:59	1:07:42 10:14	1:20:57 13:14	1:29:29 8:32	1:35:01 5:32	1:41:21 6:19	1:44:12 2:51	1:46:59 2:47
9	444	Follana Neira, Fern LUGO FLUVIAL_LU	2:13:39	17:23 2:13:05	40:39 2:13:39	48:03 7:24	1:08:18 20:15	1:14:38 6:20	1:17:08 2:30	1:27:20 10:12	1:35:23 8:03	1:45:24 10:01	1:52:43 7:19	1:57:28 4:45	2:04:55 7:27	2:06:42 1:47	2:10:15 3:33
Feminino 40 (8)																	
				1(41) Meta	2(45)	3(33)	4(34)	5(39)	6(50)	7(37)	8(38)	9(59)	10(40)	11(51)	12(54)	13(34)	14(100)
1	167	Gómez Naya, Sonia LUGO COMPÁS	45:50	3:54 45:50	8:14 4:20	12:35 4:21	15:52 3:17	20:42 4:50	23:34 2:52	25:11 1:37	27:55 2:44	34:23 6:28	36:32 2:09	38:39 2:07	40:44 2:05	42:56 2:12	45:14 2:18
2	514	López Eyo, Tania Cuntis XESTEIRAS	56:00	3:41 56:00	7:31 3:50	11:30 3:59	14:49 3:19	21:02 6:13	24:06 3:04	26:03 1:57	31:06 5:03	40:54 9:48	45:08 4:14	47:25 2:17	51:00 3:35	53:13 2:13	55:24 2:11
3	512	Iglesias Junzalvos, Vigo U-VIGO	1:06:43	4:09 1:06:43	10:18 6:09	15:43 5:25	19:52 4:09	27:45 7:53	31:06 3:21	34:05 2:59	38:56 4:51	49:25 10:29	52:10 2:45	55:03 2:53	1:01:16 6:13	1:03:44 2:28	1:06:07 2:23
4	550	Arias Lima, Sonia M Pontevedra AROMO	1:09:55	4:48 1:09:55	11:03 6:15	14:55 3:52	18:36 3:41	24:51 6:15	27:46 2:55	29:44 1:58	37:30 7:46	45:06 7:36	58:52 13:46	1:01:25 2:33	1:03:59 2:34	1:06:48 2:49	1:09:10 2:22
5	374	Seoane Rodríguez, Culleredo GALLAEC	1:09:59	3:41 1:09:59	13:39 9:58	17:56 4:17	24:05 6:09	31:38 7:33	34:14 2:36	37:57 3:43	42:38 4:41	53:19 10:41	56:07 2:48	58:59 2:52	1:04:21 5:22	1:06:53 2:32	1:09:29 2:36
6	172	González Bello, Co LUGO COMPÁS	1:12:53	4:03 1:12:53	11:58 7:55	17:46 5:48	21:03 3:17	28:44 7:41	31:37 2:53	33:27 1:50	37:28 4:01	47:41 10:13	56:55 9:14	59:13 2:18	1:06:34 7:21	1:09:50 3:16	1:12:19 2:29
	569	Seijo Souto, Dori Pontevedra AROMO	en tarj.	4:35 1:21:57	11:32 6:57	19:43 8:11	23:00 3:17	29:33 6:33	32:31 2:58	34:33 2:02	45:02 10:29	51:07 6:05	1:07:41 16:34	----- 9:01	1:16:42 2:04	1:18:46 2:04	1:21:14 2:28
	229	Lores Romay, Roci Pontevedra AROMO	en tarj.	4:04 1:36:35	10:46 6:42	25:56 15:10	31:02 5:06	36:54 5:52	40:08 3:14	50:38 10:30	57:26 6:48	1:06:45 9:19	----- 2:00	1:08:45 3:16	1:12:01 3:16	1:33:17 21:16	1:35:45 2:28
Feminino 45 (11)																	
				1(49)	2(58)	3(46)	4(35)	5(39)	6(37)	7(38)	8(39)	9(36)	10(40)	11(34)	12(100)	Meta	
1	502	Crespo Quindós, B Vigo U-VIGO	58:17	8:39	11:58	14:13	23:19	29:47	33:10	36:17	41:04	45:56	48:53	54:41	57:38	58:17	
				8:39	3:19	2:15	9:06	6:28	3:23	3:07	4:47	4:52	2:57	5:48	2:57	0:39	

os	rsal	Nombre	Tiempo												Meta	
Feminino 45 (11)				4,1 km 170 m			12 C			<i>(cont.)</i>						
				1(49)	2(58)	3(46)	4(35)	5(39)	6(37)	7(38)	8(39)	9(36)	10(40)	11(34)	12(100)	Meta
2	60	Bujía Rodríguez, El Culleredo GALLAEC	1:02:00	7:30	10:46	13:02	24:06	34:32	37:47	41:28	47:10	52:20	54:56	59:23	1:01:27	1:02:00
				7:30	3:16	2:16	11:04	10:26	3:15	3:41	5:42	5:10	2:36	4:27	2:04	0:33
3	493	Alvarez Castro, Oli Vigo U-VIGO	1:12:08	4:41	8:32	11:58	18:12	30:42	36:32	44:54	51:19	58:23	1:02:19	1:08:21	1:11:31	1:12:08
				4:41	3:51	3:26	6:14	12:30	5:50	8:22	6:25	7:04	3:56	6:02	3:10	0:37
4	560	Pazos Fernández, S Pontevedra AROMO	1:12:52	7:59	12:03	19:28	23:56	31:57	41:43	49:40	55:02	59:13	1:05:24	1:10:16	1:12:22	1:12:52
				7:59	4:04	7:25	4:28	8:01	9:46	7:57	5:22	4:11	6:11	4:52	2:06	0:30
5	225	López Permuy, Vict Culleredo GALLAEC	1:14:07	5:46	16:18	18:55	28:15	42:34	45:52	49:42	55:36	1:00:18	1:03:20	1:08:38	1:13:29	1:14:07
				5:46	10:32	2:37	9:20	14:19	3:18	3:50	5:54	4:42	3:02	5:18	4:51	0:38
6	147	Ferrer Vidal, Diana LUGO COMPÁS	1:20:08	7:06	12:10	15:10	22:38	32:22	50:16	54:20	1:00:02	1:07:11	1:10:07	1:16:32	1:19:27	1:20:08
				7:06	5:04	3:00	7:28	9:44	17:54	4:04	5:42	7:09	2:56	6:25	2:55	0:41
7	578	Fuertes Fernández, A Coruña ARTABRO	1:22:57	21:53	28:15	31:04	36:02	47:09	51:18	55:29	1:00:22	1:09:26	1:12:02	1:19:10	1:22:11	1:22:57
				21:53	6:22	2:49	4:58	11:07	4:09	4:11	4:53	9:04	2:36	7:08	3:01	0:46
8	266	Navia Vega, Yoland Pontevedra AROMO	1:28:29	10:02	14:34	18:07	24:32	38:47	45:08	52:53	1:00:20	1:09:05	1:12:21	1:23:00	1:27:16	1:28:29
				10:02	4:32	3:33	6:25	14:15	6:21	7:45	7:27	8:45	3:16	10:39	4:16	1:13
9	39	Arenas Rincón, Marí As Neves VIZHOJA-	1:30:12	5:30	10:31	14:39	23:54	36:32	1:01:23	1:05:26	1:12:03	1:16:40	1:19:21	1:25:26	1:29:33	1:30:12
				5:30	5:01	4:08	9:15	12:38	24:51	4:03	6:37	4:37	2:41	6:05	4:07	0:39
10	636	García Gonzalez, Yo Culleredo GALLAEC	1:31:30	11:22	19:23	23:04	28:51	42:59	1:05:27	1:09:52	1:16:16	1:20:17	1:23:13	1:28:34	1:30:51	1:31:30
				11:22	8:01	3:41	5:47	14:08	22:28	4:25	6:24	4:01	2:56	5:21	2:17	0:39
				2:59												
				*47												
11	439	Fernández Fernánd LUGO FLUVIAL_LU	1:51:43	11:57	17:36	23:06	31:32	47:35	57:31	1:03:39	1:14:54	1:31:43	1:36:59	1:45:33	1:50:21	1:51:43
				11:57	5:39	5:30	8:26	16:03	9:56	6:08	11:15	16:49	5:16	8:34	4:48	1:22
Feminino 50 (9)				2,7 km 110 m			10 C								Meta	
				1(56)	2(41)	3(58)	4(46)	5(35)	6(48)	7(51)	8(44)	9(53)	10(100)			
1	314	Pérez Torres, María Porto do Son ADC_	33:54	4:07	4:53	8:04	11:24	16:52	24:12	27:36	29:22	31:44	33:18	33:54		
				4:07	0:46	3:11	3:20	5:28	7:20	3:24	1:46	2:22	1:34	0:36		
2	618	Pernas Martínez, Ro Santiago de Comp	36:03	4:03	4:51	7:42	10:50	16:37	22:18	25:16	27:14	33:23	35:16	36:03		
				4:03	0:48	2:51	3:08	5:47	5:41	2:58	1:58	6:09	1:53	0:47		
3	274	Núñez Otero, Elia Betanzos OP BETAN	37:04	4:02	5:08	10:40	13:40	19:35	25:34	29:34	31:41	34:18	36:18	37:04		
				4:02	1:06	5:32	3:00	5:55	5:59	4:00	2:07	2:37	2:00	0:46		
4	364	Sanchez Vázquez, Pontevedra AROMO	39:27	4:57	5:49	9:35	12:58	18:51	26:57	30:38	33:13	36:29	38:36	39:27		
				4:57	0:52	3:46	3:23	5:53	8:06	3:41	2:35	3:16	2:07	0:51		
5	616	Balboa Barros, Mar Santiago de Comp	39:32	4:32	5:24	14:31	17:31	22:25	29:08	32:05	34:09	37:01	38:46	39:32		
				4:32	0:52	9:07	3:00	4:54	6:43	2:57	2:04	2:52	1:45	0:46		
6	534	Saco Fernández, Mª Vigo U-VIGO	47:22	5:05	6:45	10:45	14:17	22:36	32:09	36:23	39:11	44:58	46:41	47:22		
				5:05	1:40	4:00	3:32	8:19	9:33	4:14	2:48	5:47	1:43	0:41		
7	259	Mosquera Azar, Pau Culleredo GALLAEC	49:22	19:13	20:05	23:03	26:13	31:16	39:03	42:26	44:21	47:01	48:43	49:22		
				19:13	0:52	2:58	3:10	5:03	7:47	3:23	1:55	2:40	1:42	0:39		
8	643	Pedras Fernández A Coruña ARTABRO	52:09	4:58	6:07	10:55	14:42	25:31	37:09	43:57	46:35	49:27	51:25	52:09		
				4:58	1:09	4:48	3:47	10:49	11:38	6:48	2:38	2:52	1:58	0:44		
120		Durán Pernas, Rem O Barco de Valde T	andona	6:20	7:23	11:59	17:06	-----	-----	-----	-----	24:08	47:51	53:06	37:31	
				6:20	1:03	4:36	5:07					7:02	23:43	5:15	*34	
Feminino Élite (6)				1,9 km 60 m			8 C								Meta	
				1(52)	2(56)	3(58)	4(55)	5(54)	6(57)	7(53)	8(100)					
1	49	Bello Rodríguez, Oli Culleredo GALLAEC	12:35	1:43	2:24	3:57	5:08	8:34	9:36	11:04	12:06	12:35				
				1:43	0:41	1:33	1:11	3:26	1:02	1:28	1:02	0:29				
2	292	Parga Basanta, Luci Pontevedra AROMO	12:41	1:46	2:33	4:13	5:34	7:41	9:39	11:06	12:12	12:41				
				1:46	0:47	1:40	1:21	2:07	1:58	1:27	1:06	0:29				
3	115	Dopico Golpe, Alba Culleredo GALLAEC	15:45	2:20	3:10	5:12	6:36	9:50	11:27	13:27	15:02	15:45				
				2:20	0:50	2:02	1:24	3:14	1:37	2:00	1:35	0:43				
4	587	Piñeiro Varela, Marí A Coruña ARTABRO	17:09	2:14	3:06	5:52	7:38	11:42	13:08	14:59	16:27	17:09				
				2:14	0:52	2:46	1:46	4:04	1:26	1:51	1:28	0:42				
5	111	Diz Cao, Isabel Betanzos OP BETAN	18:39	2:17	3:04	5:26	8:23	13:14	14:37	16:43	17:59	18:39				
				2:17	0:47	2:22	2:57	4:51	1:23	2:06	1:16	0:40				
6	599	Ctvrtnickova, Terez Culleredo GALLAEC	32:50	2:24	4:03	6:09	7:43	27:11	29:21	30:57	32:16	32:50				
				2:24	1:39	2:06	1:34	19:28	2:10	1:36	1:19	0:34				
Masculino 12 (6)				1,9 km 60 m			8 C								Meta	
				1(52)	2(56)	3(58)	4(55)	5(54)	6(57)	7(53)	8(100)					
1	565	Rodríguez Seijo, An Pontevedra AROMO	17:08	2:18	3:49	5:57	7:42	10:41	12:19	15:18	16:30	17:08				
				2:18	1:31	2:08	1:45	2:59	1:38	2:59	1:12	0:38				
2	566	Rodríguez Seijo, la Pontevedra AROMO	20:01	2:42	3:38	6:26	9:40	13:53	16:11	17:56	19:24	20:01				
				2:42	0:56	2:48	3:14	4:13	2:18	1:45	1:28	0:37				
3	552	Cruces Fernández, Pontevedra AROMO	21:01	3:47	6:04	8:30	10:59	14:56	16:16	18:48	20:25	21:01				
				3:47	2:17	2:26	2:29	3:57	1:20	2:02	1:37	0:36				
4	575	Couceiro Fuertes, A Coruña ARTABRO	21:51	3:27	5:13	7:34	9:46	14:21	16:37	20:02	21:14	21:51				
				3:27	1:46	2:21	2:12	4:35	2:16	3:25	1:12	0:37				
5	45	Barja Pérez, Lucas Xinzo de Limia LIMI	25:34	3:17	4:21	7:02	8:56	19:38	21:49	23:37	24:58	25:34				
				3:17	1:04	2:41	1:54	10:42	2:11	1:48	1:21	0:36				
6	446	Fouz Sanchez, Rod LUGO FLUVIAL_LU	26:10	4:02	5:24	8:53	12:27	17:59	20:45	23:55	25:24	26:10				
				4:02	1:22	3:29	3:34	5:32	2:46	3:10	1:29	0:46				

os	rsal	Nombre	Tiempo															
Masculino 14 (4)				2,2 km 80 m					9 C									
			1(47)	2(58)	3(55)	4(44)	5(57)	6(53)	7(46)	8(45)	9(100)	Meta						
1	339	Rodriguez Arenas, As Neves VIZHOJA-	16:07	1:59	4:12	5:12	8:42	9:38	11:09	13:59	14:58	15:35	16:07					
				1:59	2:13	1:00	3:30	0:56	1:31	2:50	0:59	0:37	0:32					
2	83	Casado Núñez, Mart Betanzos OP BETAN	16:18	2:35	4:39	5:47	9:02	10:00	11:37	14:15	15:13	15:50	16:18					
				2:35	2:04	1:08	3:15	0:58	1:37	2:38	0:58	0:37	0:28					
3	377	Silvarrey Oreiro, Di Culleredo GALLAEC	22:39	8:02	10:19	11:14	15:18	16:10	18:04	20:04	21:21	22:06	22:39					
				8:02	2:17	0:55	4:04	0:52	1:54	2:00	1:17	0:45	0:33					
4	576	Couceiro Fuertes, A Coruña ARTABRO	54:52	4:12	15:03	19:25	31:33	40:17	43:40	50:56	53:15	54:09	54:52					
				4:12	10:51	4:22	12:08	8:44	3:23	7:16	2:19	0:54	0:43					
Masculino 16 (1)				2,7 km 110 m			10 C											
			1(56)	2(41)	3(58)	4(46)	5(35)	6(48)	7(51)	8(44)	9(53)	10(100)	Meta					
1	384	Somoza Seoane, An Culleredo GALLAEC	26:07	2:30	3:02	5:18	8:01	12:06	17:00	20:54	22:28	24:08	25:37	26:07				
				2:30	0:32	2:16	2:43	4:05	4:54	3:54	1:34	1:40	1:29	0:30				
Masculino 18 (4)				3,3 km 130 m			11 C											
			1(47)	2(49)	3(58)	4(46)	5(53)	6(50)	7(39)	8(48)	9(51)	10(44)	11(100)	Meta				
1	354	Romero Armada, Ca Pontevedra AROMO	25:35	1:43	3:28	5:39	8:52	12:35	16:09	18:20	20:11	21:44	23:00	25:09	25:35			
				1:43	1:45	2:11	3:13	3:43	3:34	2:11	1:51	1:33	1:16	2:09	0:26			
2	163	Garrido Blanco, Ju Xínzo de Limia LIMI	34:18	1:49	3:36	6:30	10:24	13:36	19:31	25:14	28:09	29:50	31:08	33:46	34:18			
				1:49	1:47	2:54	3:54	3:12	5:55	5:43	2:55	1:41	1:18	2:38	0:32			
3	524	Pérez Álvarez, Dieg Vigo U-VIGO	36:28	2:40	4:21	6:47	9:24	13:56	21:18	28:07	30:06	32:41	33:55	36:00	36:28	22:20		
				2:40	1:41	2:26	2:37	4:32	7:22	6:49	1:59	2:35	1:14	2:05	0:28	*59		
4	219	López López, Adriá Culleredo GALLAEC	59:32	2:38	5:46	8:58	12:33	18:04	34:51	42:14	48:13	52:50	55:01	59:01	59:32			
				2:38	3:08	3:12	3:35	5:31	16:47	7:23	5:59	4:37	2:11	4:00	0:31			
Masculino 21 A (10)				4,5 km 190 m			14 C											
			1(41) Meta	2(45)	3(33)	4(34)	5(39)	6(50)	7(37)	8(38)	9(59)	10(40)	11(51)	12(54)	13(34)	14(100)		
1	537	Sardinero Gonzalez Vigo U-VIGO	37:05	2:47	6:15	9:44	12:04	16:00	18:06	19:45	22:05	26:21	28:54	30:38	32:16	34:09	36:43	
				2:47	3:28	3:29	2:20	3:56	2:06	1:39	2:20	4:16	2:33	1:44	1:38	1:53	2:34	
			37:05 0:22															
2	113	Doce Serrano, Juan Culleredo GALLAEC	43:52	3:01	6:37	9:29	15:12	19:35	22:03	23:42	27:09	32:35	34:56	37:05	39:12	41:22	43:21	
				3:01	3:36	2:52	5:43	4:23	2:28	1:39	3:27	5:26	2:21	2:09	2:07	2:10	1:59	
			43:52 0:31															
3	106	Díaz Hernández, Da Pontevedra AROMO	45:16	2:59	6:23	10:05	13:38	18:39	20:59	22:49	28:59	34:04	36:49	38:33	40:13	42:08	44:52	
				2:59	3:24	3:42	3:33	5:01	2:20	1:50	6:10	5:05	2:45	1:44	1:40	1:55	2:44	
			45:16 0:24															
4	571	Candela Iglesias, N A Coruña ARTABRO	58:08	3:46	9:37	17:00	20:37	28:07	33:54	36:40	39:03	44:29	48:30	50:20	52:13	54:28	57:27	
				3:46	5:51	7:23	3:37	7:30	5:47	2:46	2:23	5:26	4:01	1:50	1:53	2:15	2:59	
			58:08 0:41															
			*59															
5	117	Dopico Pena, Andre Culleredo GALLAEC	1:05:15	3:36	8:06	11:36	14:50	25:00	27:37	33:17	44:53	52:38	55:05	57:29	59:56	1:02:26	1:04:42	
				3:36	4:30	3:30	3:14	10:10	2:37	5:40	11:36	7:45	2:27	2:24	2:27	2:30	2:16	
			1:05:15 0:33															
			*50															
6	684	Garcia Acevedo, Pel Santiago de Comp	1:13:40	3:15	7:21	18:43	21:50	26:45	42:56	44:45	48:17	55:05	1:03:32	1:06:05	1:08:32	1:10:43	1:13:01	
				3:15	4:06	11:22	3:07	4:55	16:11	1:49	3:32	6:48	8:27	2:33	2:27	2:11	2:18	
			1:13:40 0:39															
			*59															
7	33	Amarelle Garabán, LUGO COMPÁS	1:15:08	3:00	6:59	20:39	24:38	30:52	33:45	36:17	51:33	58:52	1:02:09	1:04:28	1:09:17	1:12:27	1:14:37	
				3:00	3:59	13:40	3:59	6:14	2:53	2:32	15:16	7:19	3:17	2:19	4:49	3:10	2:10	
			1:15:08 0:31															
8	192	Hermida Carrasco, Pontedeume MONT	1:18:23	8:11	16:18	20:10	23:14	36:45	43:19	44:52	53:36	1:04:42	1:08:24	1:11:07	1:13:16	1:15:29	1:17:48	
				8:11	8:07	3:52	3:04	13:31	6:34	1:33	8:44	11:06	3:42	2:43	2:09	2:13	2:19	
			1:18:23 0:35															
9	601	Iglesias Muñiz, Carl Culleredo GALLAEC	1:31:08	3:34	7:46	14:33	18:48	25:13	34:50	41:57	1:07:35	1:15:20	1:17:59	1:20:16	1:25:26	1:28:33	1:30:39	
				3:34	4:12	6:46	4:14	6:24	9:37	7:06	25:37	7:44	2:39	2:17	5:10	3:07	2:05	
			1:31:08 0:29															
245	Martínez Seco, Marc Pontedeume MONT	en tarj.	3:44	9:36	21:56	26:10	32:17	36:26	39:05	49:24	56:23	-----	1:11:20	1:16:48	1:19:04	1:21:58		
			3:44	5:51	12:20	4:13	6:07	4:08	2:39	10:18	6:59		14:56	5:27	2:15	2:54		
			1:22:34 0:36															
			*36															
Masculino 21 B (11)				3,3 km 130 m			11 C											
			1(47)	2(49)	3(58)	4(46)	5(53)	6(50)	7(39)	8(48)	9(51)	10(44)	11(100)	Meta				
1	338	Rocha Pena, Pablo LUGO COMPÁS	29:17	2:19	3:39	6:35	8:56	12:19	16:06	18:49	21:24	24:22	26:00	28:43	29:17			
				2:19	1:20	2:56	2:21	3:23	3:47	2:43	2:35	2:58	1:38	2:43	0:34			
2	425	Victorero Domíngu Porto do Son ADC_	36:10	3:34	5:40	8:12	10:28	13:44	20:31	24:47	29:02	31:39	33:05	35:35	36:10			
				3:34	2:06	2:32	2:16	3:16	6:47	4:16	4:15	2:37	1:26	2:30	0:35			
3	64	Camba Rodríguez, O Barco de Valde T	39:03	2:07	3:45	6:49	8:58	13:30	25:46	28:52	32:03	34:21	35:49	38:27	39:03	22:17		
				2:07	1:38	3:04	2:09	4:32	12:16	3:06	3:11	2:18	1:28	2:38	0:36	*51		

Pos	Nombre	Tiempo														
Masculino 35 (16)			5,1 km 210 m 15 C (cont.)													
			1(43) 15(100)	2(32) Meta	3(46)	4(34)	5(33)	6(35)	7(34)	8(37)	9(38)	10(59)	11(36)	12(44)	13(51)	14(34)
15	415 Varela Varela, Franc Pontevedra AROMO	1:46:37	11:42 11:42 1:45:55 3:05	24:08 12:26 1:46:37 0:42	30:09 6:01	38:00 7:51	41:44 3:44	49:00 7:16	51:51 2:51	1:06:15 14:24	1:12:45 6:30	1:18:21 5:36	1:29:10 10:49	1:36:00 6:50	1:39:59 3:59	1:42:50 2:51
	359 Salvador Rodríguez Culleredo GALLAEC	No sale														
Masculino 40 (16)			4,5 km 190 m 14 C													
			1(41) Meta	2(45)	3(33)	4(34)	5(39)	6(50)	7(37)	8(38)	9(59)	10(40)	11(51)	12(54)	13(34)	14(100)
1	10 Albarran Rodriguez Culleredo GALLAEC	39:56	2:41 2:41 39:56 0:38	5:31 2:50	8:42 3:11	11:05 2:23	16:09 5:04	18:10 2:01	20:27 2:17	22:57 2:30	28:36 5:39	30:49 2:13	32:51 2:02	34:46 1:55	36:49 2:03	39:18 2:29
2	293 Patiño Varela, Juan Culleredo GALLAEC	42:33	3:16 3:16 42:33 0:28	7:05 3:49	9:33 2:28	12:32 2:59	17:21 4:49	19:56 2:35	21:49 1:53	24:11 2:22	30:54 6:43	33:48 2:54	35:47 1:59	37:47 2:00	40:00 2:13	42:05 2:05
3	47 Barreiro Fernández Pontevedra AROMO	45:48	4:34 4:34 45:48 0:28	8:12 3:38	12:35 4:23	18:53 6:18	24:14 5:21	26:14 2:00	27:41 1:27	30:07 2:26	35:51 5:44	38:00 2:09	40:04 2:04	41:48 1:44	43:40 1:52	45:20 1:40
4	450 Liz Díaz, Javier LUGO FLUVIAL_LU	46:27	2:51 2:51 46:27 0:29	6:01 3:10	8:37 2:36	11:04 2:27	20:35 9:31	22:46 2:11	24:43 1:57	27:56 3:13	35:19 7:23	37:28 2:09	39:13 1:45	41:09 1:56	44:12 3:03	45:58 1:46
5	589 Riestra González, S A Coruña ARTABRO	47:44	3:34 3:34 47:44 0:37	8:16 4:42	14:09 5:53	17:53 3:44	22:38 4:45	25:20 2:42	26:56 1:36	29:50 2:54	36:24 6:34	38:24 2:00	40:29 2:05	42:36 2:07	44:41 2:05	47:07 2:26
6	519 Pastoriza Santos, Vi Vigo U-VIGO	52:10	3:18 3:18 52:10 0:31	9:58 6:40	13:29 3:31	16:12 2:43	20:14 4:02	22:45 2:31	25:24 2:39	31:30 6:06	36:29 4:59	38:59 2:30	41:02 2:03	47:21 6:19	49:45 2:24	51:39 1:54
7	286 Oujo Pouso, Gelasi Porto do Son ADC_	52:20	2:52 2:52 52:20 0:27	10:19 7:27	14:28 4:09	17:55 3:27	22:22 4:27	24:42 2:20	26:45 2:03	32:01 5:16	38:34 6:33	41:10 2:36	42:50 1:40	48:32 5:42	50:11 1:39	51:53 1:42
8	16 Alonso Carrasco, Mi Guitiriz VÍCHELAS	59:12	3:30 3:30 59:12 0:29	13:07 9:37	16:17 3:10	19:06 2:49	30:47 11:41	33:41 2:54	36:00 2:19	38:58 2:58	46:58 8:00	49:56 2:58	52:08 2:12	54:22 2:14	56:34 2:12	58:43 2:09
9	282 Oujo Ageitos, Joaq Porto do Son ADC_	1:14:29	4:11 4:11 1:14:29 0:30	10:00 5:49	13:33 3:33	16:45 3:12	23:16 6:31	26:53 3:37	29:21 2:28	39:34 10:13	45:04 5:30	1:01:38 16:34	1:04:23 2:45	1:09:20 4:57	1:12:04 2:44	1:13:59 1:55
10	463 Viana Gonzalez, Iag LUGO FLUVIAL_LU	1:17:49	----- 1:17:49 1:17:49	----- 1:35:22 *52	----- 1:38:22 *56	----- 39:57 7:14	----- 43:20 3:23	----- 52:48 9:28	----- 1:00:36 7:48	----- 1:09:15 8:39	----- 1:12:34 3:19	----- 1:14:58 2:24	----- 1:17:50 2:52	----- 1:20:29 2:39	----- 1:22:43 2:14	-----
11	73 Carballeiro Mugico, Guitiriz VÍCHELAS	1:23:19	4:21 4:21 1:23:19 0:36	11:49 7:28	21:22 9:33	32:43 11:21	39:57 7:14	43:20 3:23	52:48 9:28	1:00:36 7:48	1:09:15 8:39	1:12:34 3:19	1:14:58 2:24	1:17:50 2:52	1:20:29 2:39	1:22:43 2:14
12	820 Alvarez Suárez, Ang Asturias NORDESTE	1:25:23	4:54 4:54 1:25:23 0:33	14:58 10:04	34:45 19:47	40:58 6:13	48:55 7:57	52:16 3:21	57:04 4:48	1:03:29 6:25	1:10:50 7:21	1:14:46 3:56	1:17:36 2:50	1:20:26 2:50	1:22:40 2:14	1:24:50 2:10
	659 Mucientes Sandoval Pontevedra AROMO	No sale														
	4 Abeal Navarro, Fran Pontedeume MONT	No sale														
	634 Ruiz Lago, Emilio Pontevedra AROMO	No sale														
	471 Rodríguez Bergara, Ferrol MONTAÑA_FE	No sale														
Masculino 45 (16)			4,1 km 170 m 12 C													
			1(49)	2(58)	3(46)	4(35)	5(39)	6(37)	7(38)	8(39)	9(36)	10(40)	11(34)	12(100)	Meta	
1	409 Varela Lorenzo, Fra LUGO COMPÁS	40:30	3:05 3:05	5:26 2:21	7:22 1:56	11:42 4:20	17:52 6:10	20:23 2:31	23:08 2:45	26:59 3:51	30:16 3:17	32:12 1:56	36:48 4:36	39:52 3:04	40:30 0:38	
2	526 Pérez Juste, Germa Vigo U-VIGO	41:18	3:20 3:20	5:25 2:05	7:19 1:54	10:14 2:55	16:04 5:50	21:23 5:19	24:58 3:35	28:41 3:43	31:54 3:13	34:47 2:53	38:54 4:07	40:47 1:53	41:18 0:31	
3	462 Rodríguez Núñez, E LUGO FLUVIAL_LU	45:06	4:02 4:02	7:03 3:01	9:54 2:51	14:01 4:07	20:25 6:24	22:56 2:31	27:41 4:45	31:49 4:08	35:14 3:25	37:44 2:30	42:26 4:42	44:31 2:05	45:06 0:35	

os	rsal	Nombre	Tiempo													Meta
Masculino 45 (16)				4,1 km 170 m			12 C			<i>(cont.)</i>						
				1(49)	2(58)	3(46)	4(35)	5(39)	6(37)	7(38)	8(39)	9(36)	10(40)	11(34)	12(100)	Meta
4	203	Lamela Arias, Albert LUGO COMPÁS	47:59	4:25	7:48	11:00	15:54	22:06	25:07	30:17	34:32	38:06	40:46	45:18	47:26	47:59
				4:25	3:23	3:12	4:54	6:12	3:01	5:10	4:15	3:34	2:40	4:32	2:08	0:33
5	617	Fraga Castro, Santi Santiago de Comp	53:12	5:48	9:10	12:01	16:39	23:18	27:31	32:10	36:28	41:41	44:43	49:30	52:32	53:12
				5:48	3:22	2:51	4:38	6:39	4:13	4:39	4:18	5:13	3:02	4:47	3:02	0:40
6	323	Ramos Asensio, Lui Culleredo GALLAEC	56:14	4:09	8:21	10:16	14:16	22:03	24:52	36:11	40:47	44:18	46:35	50:41	55:50	56:14
				4:09	4:12	1:55	4:00	7:47	2:49	11:19	4:36	3:31	2:17	4:06	5:09	0:24
7	564	Rodríguez Salas, Al Pontevedra AROMO	58:55	6:40	9:04	12:09	18:41	25:55	35:30	40:07	45:22	49:02	52:39	56:40	58:29	58:55
				6:40	2:24	3:05	6:32	7:14	9:35	4:37	5:15	3:40	3:37	4:01	1:49	0:26
				28:45												
				*50												
8	371	Santos Blanco, Albe Porto do Son ADC_	59:45	4:35	7:41	9:36	12:54	18:42	21:54	26:51	30:59	49:22	52:11	56:40	59:05	59:45
				4:35	3:06	1:55	3:18	5:48	3:12	4:57	4:08	18:23	2:49	4:29	2:25	0:40
9	559	Omil Beloso, Antoni Pontevedra AROMO	1:00:13	7:07	11:30	15:34	20:22	29:13	32:57	36:28	40:40	45:13	51:19	56:24	59:04	1:00:13
				7:07	4:23	4:04	4:48	8:51	3:44	3:31	4:12	4:33	6:06	5:05	2:40	1:09
10	505	Fuertes González, E Vigo U-VIGO	1:08:55	11:16	13:45	15:47	22:01	33:31	38:15	43:04	47:59	57:25	59:59	1:06:00	1:08:24	1:08:55
				11:16	2:29	2:02	6:14	11:30	4:44	4:49	4:55	9:26	2:34	6:01	2:24	0:31
				19:10												
				*33												
11	91	Chas Gómez, Rober Culleredo GALLAEC	1:09:35	5:53	8:35	11:40	16:12	25:36	34:33	43:16	50:23	54:53	1:01:17	1:07:06	1:08:56	1:09:35
				5:53	2:42	3:05	4:32	9:24	8:57	8:43	7:07	4:30	6:24	5:49	1:50	0:39
				3:31	20:53											
				*41	*51											
12	491	Abad Vives, Carles Vigo U-VIGO	1:13:48	5:24	10:00	13:04	18:14	28:52	32:49	47:28	53:00	59:13	1:02:26	1:09:58	1:12:58	1:13:48
				5:24	4:36	3:04	5:10	10:38	3:57	14:39	5:32	6:13	3:13	7:32	3:00	0:50
13	213	López Fernández, A Culleredo GALLAEC	1:15:00	13:00	17:48	20:04	25:49	36:37	40:48	53:34	57:52	1:04:50	1:07:28	1:12:05	1:14:28	1:15:00
				13:00	4:48	2:16	5:45	10:48	4:11	12:46	4:18	6:58	2:38	4:37	2:23	0:32
14	494	Armada Luaces, Jos Vigo U-VIGO	1:16:31	22:31	26:08	28:28	38:16	45:22	47:55	52:01	1:00:54	1:04:52	1:07:32	1:13:02	1:15:47	1:16:31
				22:31	3:37	2:20	9:48	7:06	2:33	4:06	8:53	3:58	2:40	5:30	2:45	0:44
15	453	Montouto Gonzalez, LUGO FLUVIAL_LU	1:35:35	21:30	26:20	29:01	35:40	46:29	51:33	58:49	1:07:30	1:14:16	1:17:20	1:24:05	1:34:52	1:35:35
				21:30	4:50	2:41	6:39	10:49	5:04	7:16	8:41	6:46	3:04	6:45	10:47	0:43
630	Ferrer Vidal, Franci Pontevedra AROMO	No sale														
Masculino 50 (16)				3,3 km 130 m			11 C									
				1(47)	2(49)	3(58)	4(46)	5(53)	6(50)	7(39)	8(48)	9(51)	10(44)	11(100)	Meta	
1	224	López Peiteado, Ant Culleredo GALLAEC	27:46	1:50	3:04	5:50	7:57	11:07	14:17	17:14	19:23	24:11	25:11	27:17	27:46	22:12
				1:50	1:14	2:46	2:07	3:10	3:10	2:57	2:09	4:48	1:00	2:06	0:29	*44
2	141	Fernández Souto, J LUGO COMPÁS	28:53	2:14	3:28	6:30	8:44	12:06	16:16	19:03	22:02	24:20	25:48	28:24	28:53	
				2:14	1:14	3:02	2:14	3:22	4:10	2:47	2:59	2:18	1:28	2:36	0:29	
3	632	Lopez Suarez, Andr Culleredo GALLAEC	32:13	2:26	4:12	7:23	10:08	13:56	18:21	22:24	25:10	27:47	29:15	31:43	32:13	
				2:26	1:46	3:11	2:45	3:48	4:25	4:03	2:46	2:37	1:28	2:28	0:30	
4	283	Oujo Castelo, Santi Porto do Son ADC_	34:27	2:28	3:52	7:00	9:56	13:55	23:52	26:06	28:01	29:42	31:12	33:58	34:27	
				2:28	1:24	3:08	2:56	3:59	9:57	2:14	1:55	1:41	1:30	2:46	0:29	
5	582	Gómez Ramos, Anto A Coruña ARTABRO	36:01	4:44	7:04	9:54	12:13	19:12	23:28	26:12	28:29	31:03	32:18	35:27	36:01	
				4:44	2:20	2:50	2:19	6:59	4:16	2:44	2:17	2:34	1:15	3:09	0:34	
6	649	Traveso Rodríguez, A Coruña ARTABRO	36:34	2:57	5:54	9:04	11:20	16:37	20:57	26:10	29:10	31:31	33:04	35:57	36:34	
				2:57	2:57	3:10	2:16	5:17	4:20	5:13	3:00	2:21	1:33	2:53	0:37	
7	457	Parga Andón, Pedro LUGO FLUVIAL_LU	36:47	2:15	4:57	9:08	11:31	15:05	18:31	20:52	23:30	31:42	33:08	36:10	36:47	
				2:15	2:42	4:11	2:23	3:34	3:26	2:21	2:38	8:12	1:26	3:02	0:37	
8	36	Antoñón Clemente, Pontevedra AROMO	38:36	2:56	4:41	8:28	11:20	15:49	20:29	25:11	29:16	32:32	34:42	37:54	38:36	
				2:56	1:45	3:47	2:52	4:29	4:40	4:42	4:05	3:16	2:10	3:12	0:42	
9	577	Couceiro Herrero, A Coruña ARTABRO	42:44	3:45	5:10	7:34	10:19	15:37	26:41	29:46	32:06	34:38	39:43	42:15	42:44	
				3:45	1:25	2:24	2:45	5:18	11:04	3:05	2:20	2:32	5:05	2:32	0:29	
10	48	Becerra Carril, Nac Culleredo GALLAEC	51:32	4:02	12:22	15:42	17:59	20:50	24:58	31:26	35:06	45:52	47:13	50:45	51:32	
				4:02	8:20	3:20	2:17	2:51	4:08	6:28	3:40	10:46	1:21	3:32	0:47	
11	11	Aller Estévez, Pablo O Barco de Valde T	53:18	5:09	7:23	11:15	14:42	20:13	35:20	40:24	44:07	47:34	49:11	52:40	53:18	
				5:09	2:14	3:52	3:27	5:31	15:07	5:04	3:43	3:27	1:37	3:29	0:38	
12	592	Santos Iglesias, Jes A Coruña ARTABRO	53:30	3:57	8:02	13:39	17:38	26:27	38:21	42:36	46:14	48:29	50:11	52:57	53:30	
				3:57	4:05	5:37	3:59	8:49	11:54	4:15	3:38	2:15	1:42	2:46	0:33	
13	295	Pazos Miser, Rafael Culleredo GALLAEC	1:02:51	2:37	4:33	8:01	10:48	39:19	46:59	50:16	53:55	56:55	58:52	1:02:06	1:02:51	
				2:37	1:56	3:28	2:47	28:31	7:40	3:17	3:39	3:00	1:57	3:14	0:45	
14	583	López Pérez, Jose A Coruña ARTABRO	1:03:12	5:01	7:10	14:38	19:51	27:17	35:36	41:37	47:53	52:35	56:05	1:01:53	1:03:12	
				5:01	2:09	7:28	5:13	7:26	8:19	6:01	6:16	4:42	3:30	5:48	1:19	
396	Teijeiro López, Pabl Betanzos OP BETAN	No sale														
333	Ricoy Bugarín, Jos Pontevedra AROMO	No sale														
Élite (15)				2,2 km 80 m			9 C									
				1(47)	2(58)	3(55)	4(44)	5(57)	6(53)	7(46)	8(45)	9(100)	Meta			
1	343	Rodríguez Doming Vigo VIGORIENTA	12:26	1:53	3:26	4:24	7:16	7:55	8:56	10:34	11:33	12:02	12:26			
				1:53	1:33	0:58	2:52	0:39	1:01	1:38	0:59	0:29	0:24			
2	81	Casado Bravo, Davi Betanzos OP BETAN	13:30	1:41	3:40	4:39	7:27	8:34	9:51	11:38	12:27	13:00	13:30			
				1:41	1:59	0:59	2:48	1:07	1:17	1:47	0:49	0:33	0:30			
3	561	Pérez Alonso, Adriá Pontevedra AROMO	14:09	1:44	3:44	4:44	7:27	8:16	9:23	12:00	13:02	13:36	14:09			
				1:44	2:00	1:00	2:43	0:49	1:07	2:37	1:02	0:34	0:33			

os		rsal	Nombre	Tiempo											
Iniciación Corta (27)					1,9 km 60 m		8 C		<i>(cont.)</i>						
					1(52)	2(56)	3(58)	4(55)	5(54)	6(57)	7(53)	8(100)	Meta		
			812 Sampedro Rego, Ma	No sale											
			Santiago de Comp												
			811 Calviño Ramallo, M	No sale											
			Santiago de Comp												
Iniciación Longa (12)					2,7 km 110 m		10 C								
					1(56)	2(41)	3(58)	4(46)	5(35)	6(48)	7(51)	8(44)	9(53)	10(100)	Meta
1	815	Fernández Rivera, A	26:03	3:26	4:06	6:35	8:47	12:46	17:06	19:59	22:04	23:45	25:21	26:03	2:35
		Coruña INDEPEN		3:26	0:40	2:29	2:12	3:59	4:20	2:53	2:05	1:41	1:36	0:42	*47
2	817	Rodríguez Trillo, Á	38:20	4:06	4:47	7:53	10:44	18:14	25:38	30:36	33:07	35:45	37:36	38:20	
		Coruña INDEPEN		4:06	0:41	3:06	2:51	7:30	7:24	4:58	2:31	2:38	1:51	0:44	
3	801	Valcarcel López, Ma	1:00:01	9:33	12:07	17:18	22:45	32:30	44:02	47:58	52:48	56:14	59:22	1:00:01	
		LUGO FLUVIAL_LU		9:33	2:34	5:10	5:27	9:44	11:31	3:55	4:50	3:25	3:08	0:38	
4	336	Rioboo Núñez, Mara	1:08:23	7:54	10:12	16:59	22:41	33:04	48:57	54:35	1:00:02	1:04:54	1:07:42	1:08:23	
		Culleredo GALLAEC		7:54	2:18	6:47	5:42	10:23	15:53	5:38	5:27	4:52	2:48	0:41	
5	805	Andrés Gil, Paula	1:13:59	8:49	9:38	17:22	22:54	34:36	49:26	57:08	1:01:20	1:06:27	1:12:53	1:13:59	
		Culleredo GALLAEC		8:49	0:49	7:44	5:32	11:42	14:50	7:42	4:12	5:07	6:26	1:06	
6	816	López Salceda, San	1:27:45	8:56	10:06	14:29	20:00	32:50	41:57	46:04	53:44	1:24:47	1:26:52	1:27:45	
		Coruña INDEPEN		8:56	1:10	4:23	5:31	12:50	9:07	4:07	7:40	31:03	2:05	0:53	
7	808	García Ramírez, Ma	1:53:46	13:29	15:59	28:21	38:51	51:56	1:19:44	1:26:04	1:36:36	1:46:05	1:51:54	1:53:46	
		Ordes SEO		13:29	2:30	12:22	10:30	13:05	27:48	6:20	10:32	9:29	5:49	1:52	
8	810	Rodríguez García, Ordes	1:53:53	13:34	16:09	28:40	38:57	52:02	1:20:29	1:26:14	1:36:42	1:46:16	1:52:00	1:53:53	
		SEO		13:34	2:35	12:31	10:17	13:05	28:27	5:45	10:28	9:34	5:44	1:53	
9	804	Seoane Domínguez, A	1:54:50	9:39	12:51	26:29	36:42	1:00:18	1:16:53	1:25:50	1:34:32	1:45:00	1:51:45	1:54:50	1:51:50
		Coruña ARTABRO		9:39	3:12	13:38	10:13	23:35	16:35	8:56	8:41	10:28	6:44	3:04	*100
		335 Rioboo Iglesias, Da	en tarj.	7:58	10:35	-----	22:33	33:07	48:56	54:07	59:51	1:04:55	1:07:46	1:08:33	
		Culleredo GALLAEC		7:58	2:37	-----	11:58	10:34	15:49	5:11	5:44	5:04	2:51	0:47	
		809 Rodríguez Docamp	en tarj.	-----	16:09	28:32	38:50	51:52	1:19:46	1:26:28	1:36:56	1:45:51	1:51:58	1:53:48	
		Ordes SEO		-----	16:09	12:23	10:18	13:02	27:54	6:42	10:28	8:55	6:07	1:50	
		803 Louro Fuentes, Alfo	en tarj.	9:34	12:43	-----	36:34	1:00:14	1:16:41	1:25:38	1:33:20	1:44:33	1:51:38	1:54:46	
		A Coruña ARTABRO		9:34	3:09	-----	23:51	23:40	16:27	8:57	7:42	11:13	7:05	3:08	
Masculino 55 (8)					2,7 km 110 m		10 C								
					1(56)	2(41)	3(58)	4(46)	5(35)	6(48)	7(51)	8(44)	9(53)	10(100)	Meta
1	105	Díaz Falcon, Gilbert	25:49	3:04	3:42	6:15	8:31	12:19	17:05	19:32	21:36	23:51	25:18	25:49	
		Pontevedra AROMO		3:04	0:38	2:33	2:16	3:48	4:46	2:27	2:04	2:15	1:27	0:31	
2	376	Serantes Maneiro, C	26:10	3:19	3:57	6:58	9:16	13:07	18:31	21:18	22:45	24:26	25:39	26:10	
		Porto do Son ADC_		3:19	0:38	3:01	2:18	3:51	5:24	2:47	1:27	1:41	1:13	0:31	
3	619	Ramos Lozano, Ed	30:02	4:02	4:51	7:31	10:20	15:19	20:46	23:27	25:20	27:34	29:22	30:02	
		Santiago de Comp		4:02	0:49	2:40	2:49	4:59	5:27	2:41	1:53	2:14	1:48	0:40	
4	567	Romero Capa, Carl	31:21	6:57	7:42	10:10	12:36	17:12	22:53	26:08	27:34	29:24	30:45	31:21	
		Pontevedra AROMO		6:57	0:45	2:28	2:26	4:36	5:41	3:15	1:26	1:50	1:21	0:36	
5	473	Sande Rodríguez, F	32:25	3:48	4:26	7:25	11:45	16:32	21:58	25:49	27:43	30:01	31:43	32:25	
		Ferrol MONTAÑA_FE		3:48	0:38	2:59	4:20	4:47	5:26	3:51	1:54	2:18	1:42	0:42	
6	76	Carballo Fernández	32:34	3:42	4:22	8:02	10:56	15:30	22:45	25:36	27:50	30:20	31:52	32:34	
		Culleredo GALLAEC		3:42	0:40	3:40	2:54	4:34	7:15	2:51	2:14	2:30	1:32	0:42	
7	165	Gil Díaz, José Anto	35:22	2:02	2:41	5:11	7:44	12:56	18:45	29:08	31:10	33:14	34:46	35:22	
		Culleredo GALLAEC		2:02	0:39	2:30	2:33	5:12	5:49	10:23	2:02	2:04	1:32	0:36	
8	426	Victorero Rey, Jorg	43:31	3:22	4:19	10:42	13:52	26:43	33:19	36:23	38:16	41:17	42:55	43:31	
		Porto do Son ADC_		3:22	0:57	6:23	3:10	12:51	6:36	3:04	1:53	3:01	1:38	0:36	
Feminino 55 (5)					2,2 km 80 m		9 C								
					1(47)	2(58)	3(55)	4(44)	5(57)	6(53)	7(46)	8(45)	9(100)	Meta	
1	110	Díaz Rodríguez, Yol	39:14	4:32	8:49	11:34	20:09	23:28	26:04	35:19	37:20	38:30	39:14		
		Pontevedra AROMO		4:32	4:17	2:45	8:35	3:19	2:36	9:15	2:01	1:10	0:44		
2	438	Fernandez Riveiro, LUGO	43:19	3:24	7:03	9:12	28:59	31:19	36:24	40:05	41:36	42:37	43:19		
		FLUVIAL_LU		3:24	3:39	2:09	19:47	2:20	5:05	3:41	1:31	1:01	0:42		
3	136	Fernández Santiago	56:05	4:12	8:30	11:00	38:17	39:53	42:46	51:54	53:43	55:01	56:05		
		Culleredo GALLAEC		4:12	4:18	2:30	27:17	1:36	2:53	9:08	1:49	1:18	1:04		
4	588	Ponte Pena, Mª Elen	1:06:56	4:42	11:25	14:44	44:42	46:59	50:45	1:01:26	1:04:10	1:05:55	1:06:56		
		A Coruña ARTABRO		4:42	6:43	3:19	29:58	2:17	3:46	10:41	2:44	1:45	1:01		
5	227	López Suárez, María	1:15:39	6:29	47:40	49:40	54:55	59:11	1:02:12	1:12:06	1:13:47	1:14:42	1:15:39		
		Culleredo GALLAEC		6:29	41:11	2:00	5:15	4:16	3:01	9:54	1:41	0:55	0:57		